

GLUTATHIONE

NATURE'S MASTER ANTIOXIDANT

Why is Glutathione so important and how Lipoinic Acid plays a part in the recycling of this vital antioxidant?

- YOUR LIFE DEPENDS ON GLUTATHIONE
- Gives you cells a fighting chance
- Turns off the inflammatory response
- The body's detoxifier
- Rejuvenates immune function
- An Anti-aging antioxidant

Sources:

Glutathione is abundant in fruits, vegetables and freshly cooked meat, but it is broken down during digestion.

Glutathione in our body and how it works.

- Cell's primary antioxidant
- Glutathione is a large molecule and it can be too large to pass through the digestive system and only small amounts may pass



As we move into the new millennium, the Antioxidant Miracle makes it possible for each of us to have greater control over our health, and ultimately our destiny, than we ever had before. We now have the power to prevent and perhaps even eradicate many of the degenerative diseases that were once considered an inevitable part of aging

- Prof Lester Packer, 1999.



Available at
www.elixirbotanica.com



In the search for the legendary water of Shambala and pursuit for health, wellness and beauty, **Elixir Botanica** was birthed to provide an alternative for individuals seeking greater control over their own lives and health through the healing properties of natural resources and botanical products.

Elixir Botanica provides premium products at the most affordable price.

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ADDING *life* TO YEARS
NOT JUST YEARS TO LIFE.

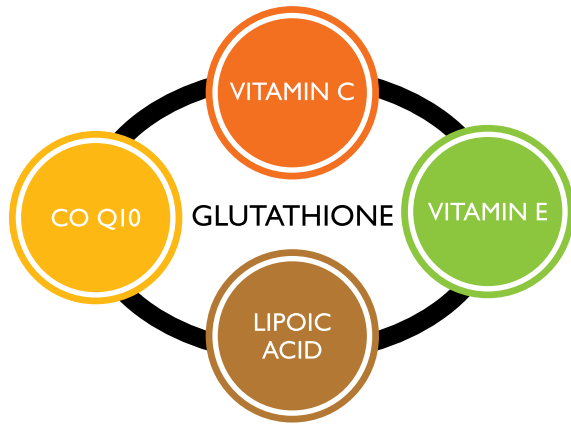


THE
ANTIOXIDANT
Miracle



ALL ABOUT
THE NETWORK ANTIOXIDANTS™

THE MAIN PLAYERS



WHAT IS THE NETWORK ANTIOXIDANT ABOUT

- A dynamic interplay between 5 key antioxidants: vitamin C and E, Co Q10, Lipoic acid and glutathione.
- These are the network antioxidants.
- Works together to boost and strengthen the entire system. When combined they greatly enhance the activity of one another, helping the body to maintain the right antioxidant balance.



- In the Packer Lab, it was discovered that network antioxidants have special powers not shared with others. What makes them special is that they can 'recycle' or regenerate, one another after they have quenched a free radical thereby vastly extending their antioxidants power.
- For example a weak vitamin E free radical can be regenerate back to a vitamin E antioxidant by vitamin C or Co-Q10, by the donation of electrons to vitamin E.
- Weak vitamin C or Glutathione free radicals can be regenerated back to Lipoic acid or vitamin C.

LIPOIC ACID THE HUB OF THE NETWORK

- Lipoic Acid offers powerful protection against three common ailments of aging: stroke, heart diseases, and cataracts.
- Lipoic Acid boost the entire antioxidant defense network. By taking Lipoic Acid, you are in effect increasing your levels of vitamins E and C, glutathione, and Coenzyme Q10.
- Lipoic Acid strengthens memory and prevents brain aging.
- Lipoic Acid is new to the United States. It has been used safely and effectively in Europe for more than two decades to prevent and relieve the complications of diabetes.
- Lipoic Acid turns off bad genes that can accelerate aging and cause cancer.
- Lipoic Acid is reported to reverse mushroom poisoning of the liver, which is usually lethal. It has been used successfully to treat other liver diseases such as Hepatitis C.
- Lipoic Acid in relation to the world: 1. radiation poisoning and 2.Smokers's rescue formula.
- Sources: Synthesized by the body. Present in small amounts in potatoes, spinach and red meat.

COENZYMEQ10 (CO Q10) THE HEART-HEALTHY ANTIOXIDANT

- A possible cure for cancer. CoQ10 is currently being investigated as a treatment for advanced breast cancer.
- Rejuvenates the brain. CoQ10 rejuvenates brain cells and may help to prevent Alzheimer's and Parkinson's disease.
- Healthy gums. CoQ10 is used to treat gum disease.
- Sources: Synthesized by the body but also found in seafood and organ meats.

VITAMIN C THE HUB OF THE NETWORK

- Vitamin C is for Collagen. C is the vitamin for great skin. Its is essential for the production of collagen, the cellular glue that holds the body together and keeps skin young and supple.
- Vitamin C and the cancer connection increasing your levels of vitamins E and C, glutathione, and Coenzyme Q10.
- The cold fighter. Touted as the cure for the common cold, vitamin C is critical for a well functioning immune system. By strengthening immune function, vitamin C may reduce the length and severity of colds and virus and bolster the body's ability to resist cancer.
- Vitamin C and your cardiovascular system
- Diabetes need more C
- Vitamin C and cataracts. C protects against cataracts, alluding cause of vision problems among older people.
- Sources : Abundant in plants and is present in many fruits and vegetables including red peppers, broccoli, cranberries, cabbage, potatoes, tomatoes, and citrus fruit.

VITAMIN E: AN EXTRAORDINARY & ANTI-AGING ANTIOXIDANT

- Vitamin E is a cancer fighter
- Vitamin E and longevity
- Vitamin E and heart disease
- Its never too late for vitamin E
- The neglected vitamin E family members
- Vitamin E enhances immune function
- Vitamin E : hope for Alzheimer's patients
- Exercise and Antioxidants
- Vitamin E saves your vision
- Vitamin E helps heal arthritis and inflammation
- Sources : Raw vegetable oils, nuts, nut butters, rice bran oil, barley, and in smaller amounts in green leafy vegetables.